



FULL DAY CANYONING : ROUJANEL

Booking : It is necessary to book in advance for this activity, either by phone + 33 (0)4 75 37 44 33 or by sending us an e-mail at info@ardeche-canyon.com . Full payment is necessary when you book.

Place and time of meeting :

rendez-vous at the post office in Les Vans (07140) - transportation by your own mean, about 50 minutes driving from Les Vans.

Duration : Between 3 and 4h in water

Walking times at the beginning : 45 mn

Walking times at the end : 0 mn

Difficulty : ★★☆☆☆☆ Adventure – medium difficulty !!!

The Best of this Canyon : cut into the bedrock stone, forming narrow gorges with numerous drops, beautifully sculpted walls, and sometimes spectacular waterfalls. Descending these narrow gorges that have been carved by water over millions of years, you'll make your way through this canyon using a variety of techniques including abseiling (rappelling), scrambling, swimming, jumping and walking (amongst much else!)

Tarif

65 € per pers

Conditions

- from 10 years old, in good health and ability to swim
- let us know if you have some specific health problems
- minimum weight of 30 kg.
- accept our Terms and Conditions

The prices includes:

- wet suit and socks
- helmet
- MIC canyoning shoes
- professional guide
- training and instructions

Not included :

Transportation

What you have to bring :

- bathing suit
- you also have to take a **solid meal** (avoid everything that can crash, take a sandwich, no fruits and some cereal bars...) and **water**.



IMPERATIVE: we need name, weight and size of each participant at least 3 days before the activity to prepare necessary equipment.

www.ardeche-canyon.com

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